

ASAC 7th & 8th Grade Boy's and Girl's Basketball Rules

The following is a list of general rules for the ASAC 7th & 8th Grade games. Please note the referee will have final say as to any discrepancies with the below rules or any rules of the game in general.

1. **Playing Time** - Everyone must play at least half the game.
2. **Game** – 10 ft. basket height. Games will consist of four (10 minutes) quarters with a running clock, stopping only for time outs and game delays (injuries, etc...) The clock will also stop the last (2 minutes) of the 2nd quarter and 4th quarter. There will be a 2 minute break between each quarter and a 5 minute break at halftime. If the game is tied at the end of regulation the first overtime will be (3 minutes). Any additional overtimes will be 2 minutes each. The clock will stop on every whistle during the last minute of each overtime. The second game will start no later than ten minutes after the completion of the first game.
3. **Full-Court Press** - Full Court press may be applied only in the last (2) minute of the game. A press may NOT be applied if your team is ahead by more than 10 points. Lane violation after (3) seconds. Backcourt violation after (10) seconds.

Fast Breaks - No restrictions to advancing the ball up the court.

4. **Time Out(s)** Each team will be allowed four time outs per game. Any unused timeouts from the first half will be allowed to carry over to the second half, however, teams will only be allowed (1) time out per overtime period.
5. **Overtime** - Overtime(s) will be three (3) minutes and the clock will stop the last minute of the game. Full-Court press is allowed in the last 2 minutes. In the event of additional overtime(s) each consecutive overtime will be (2) minutes until someone wins.
6. **Substitute Players** - Coaches may use a substitute for a player on the team who is unable to play if the sub is same age level and agreed upon by both Coaches. If a team player shows up to the game late and sub is in use, the player will play and sub must exit game. If Coaches agree game can be played with 4 on 4 until 5th kid shows up.
7. **Fouls** - Each player will have up to five (5) fouls per game. At the 5th foul the player sits. If a team only has 5 kids and one fouls out, the team is NOT allowed to get a sub from the stands. The other team may continue with 5 players. "1 and 1" after the 7th foul. 2 free throws after the 10th foul.
8. **Technical Foul** - Any player receiving a "Flagrant Technical Foul" must sit for the remainder of the half. Any subsequent flagrant fouls in the same game will result in a (1) game suspension.
9. **Fighting** - If a player throws a punch, he will sit out the rest of the game plus the next game. This includes the playoffs. If a player fights 2 times he will be ejected for the year with no refund.
10. **Sportsmanship** – Have fun and be encouraging to ALL.